

## Certificate of unfitness to travel for abstinence control programmes – urine

<b>Patient's surname</b>	
<b>Patient's given name</b>	
<b>Date of birth:</b>	
<b>Date issued:</b>	

I hereby confirm that the patient is **unfit to travel** due to sickness as of today (issue date). The patient is immobilised to the extent that he/she is unable to appear at the nearest Synlab sampling point to provide a urine sample. I also confirm that I have read and understood all the information notes (1-6).

### Please note the following:

1. The above-mentioned patient is undergoing an **abstinence control programme** in accordance with CTU criteria (W. Schubert, Urteilsbildung in der Fahreignungsbegutachtung, Kirschbaumverlag Bonn, 2013) with the aim of recovering his/her driving licence in accordance with the German Driving Licence Regulation (*Fahrerlaubnisverordnung*).
2. In accordance with the above-mentioned criteria, the patient is summoned at short notice without warning so that substances with a short half-life period can also be confirmed. Calling in sick after being summoned to provide a urine sample would enable the patient to **conceal consumption** of the substances in question. False confirmation of abstinence would thus be issued.
3. A certificate of unfitness to travel may only be issued if the patient is **unable to come to the laboratory to provide a urine sample** as a result of being immobilised due to sickness.
4. Any person who issues false certificates that help to conceal consumption as referred to in section 2.) is committing a **criminal offence in the meaning of Article 278** of the German Penal Code (*Strafgesetzbuch – StGB*), i.e. that of “issuing false health certifications” (“Doctors and other certified medical personnel who knowingly issue an incorrect certificate concerning the state of a person’s health for submission to a governmental authority or insurance company shall be punished with up to two years of imprisonment or a fine”)
5. Persons who make use of a health certificate such as referred to in section 4.) shall also be liable to prosecution, **Article 279 StGB**.
6. Section 4.) may also lead to **withdrawal of the licence to practice medicine** .

Stamp and signature of the treating doctor